

SEPTEMBER | 2022



Whiteoak High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 <u>Meal Cost</u> Lunch \$2.75 Reduced Lunch \$.40 Free Breakfast for All	30	31	1 Philly Cheese Steak On Hoagie Bun Peppers & Onions Onion Rings Veggie Bag/Ranch Fruit Milk	2 Chili Cheese Fries Muffin Strawberry Cup Veggie Bag/Ranch Fruit Milk
5 NO SCHOOL Fair Week	Please complete the Free/Reduced Lunch application on-line at Payschoolscentral.com . When completing the on-line form, please list students only one time, do not include them in the family group. If you received a letter from Bright Local School in the mail saying you are approved for the free/reduced program, you do not need to complete an application. Please feel free to call Debbie Robertson at 937-442-3114 if you have any questions. Hope you have a wonderful year! Thank you			
12 Chicken Patty On Bun Carrots Pickles Veggie Bag/ Ranch Fruit Milk	13 Meatloaf Sandwich Cheese Slice French Fries Veggie Bag/Ranch Fruit Milk	14 Chicken Alfredo Steamed Broccoli Breadstick Veggie Bag/Ranch Campfire Bar Fruit Milk	15 Snappy's Pizza Green Beans Veggie Bag/Ranch Cocoa Bar Fruit Milk	16 Hot Dog On Bun Tater Tots Baked Beans Veggie Bag/ Ranch Fruit Milk
19 Pizza Burger On Bun Mozzarella Cheese Stick Marinara Sauce Veggie Bag/ Ranch Fruit Milk	20 Turkey Sandwich Lettuce Tomato Baked Chips Peas Cookie Veggie Bag/Ranch Fruit Milk	21 Marzetti Salad/Ranch Cherry Tomatoes Breadstick Veggie Bag/Ranch Fruit Milk	22 Sausage Patty On Bun Eggs Hashbrown Veggie Bag/Ranch Fruit Milk	23 Popcorn Chicken Macaroni & Cheese Baked Beans Veggie Bag/ Ranch Fruit Milk
26 Grilled Chicken On Bun Lettuce Tomato Broccoli Veggie Bag/ Ranch Fruit Milk	27 Chili PB & J Crackers Cheese Stick Veggie Bag/Ranch Fruit Milk	28 Pork Tenderloin Sandwich Tomato Lettuce Onion Green Beans Veggie Bag/Ranch Rice Krispie Treat Fruit Milk	29 Snappy's Pizza Salad/Ranch Cherry Tomatoes Veggie Bag/Ranch Cocoa Bar Fruit Milk	30 Coney on Bun Tater Tots Baked Beans Veggie Bag/ Ranch Fruit Milk

We offer white and chocolate milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots & broccoli are available daily.

New National School Lunch Program Meal Pattern Information

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast

Choice of One Served w/Fruit & Milk
 Cereal & Graham Cracker or
 WG Bar & Cheese Stick or
 Hot Menu

Important Update

We are still experiencing unavailable items or last-minute replacements. Menus are subject to change, but we will do our best to notify you. We appreciate your patience and understanding!

Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded their charge limit. If parent cannot be reached, a letter will be sent.