



# MARCH | 2021

## Whiteoak High School

Breakfast/Lunch  
Free

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Cinnamon Rolls Chicken Nuggets Biscuit & Honey Corn Carrots/ Ranch Fruit Milk	<b>2</b> Sausage Gravy & Biscuit Subway Turkey or Ham or Both Veggies Baked Chips Cookie Fruit Milk	<b>3</b> Breakfast Pizza Grilled Chicken On Bun Lettuce Tomato Seasoned Potatoes Carrots/Ranch Fruit Milk	<b>4</b> Pancakes Calzone Marina Sauce Broccoli Rice Krispie Treat Veggie Bag/Ranch Fruit Milk	<b>5</b> Yeast Doughnut Hot Dog on Bun Baked Beans Baked Fries Carrots/Ranch Fruit Milk
<b>8</b> Muffin Chicken Strips Dinner Roll Steamed Broccoli Veggie Bag/Ranch Fruit Milk	<b>9</b> Sausage Gravy & Biscuit Cheeseburger Deluxe on Bun w/Pickles Baked Fries Carrots/Ranch Fruit Milk	<b>10</b> Breakfast Pizza Sausage Gravy & Biscuit Hash Brown Apple Muffin Veggie Bag Fruit Milk	<b>11</b> Breakfast Burrito Giovanni's Pizza Green Beans Veggie Bag Cocoa Bar Fruit Milk	<b>12</b> Yeast Doughnut Coney Dog Tater Tots Baked Beans Graham Crackers Carrots/Ranch Fruit Milk
<b>15</b> Cinnamon Rolls Chicken Nuggets Dinner Roll Steamed Broccoli Macaroni Nuggets Fruit Milk	<b>16</b> Sausage Gravy & Biscuit Ham & Cheese Sandwich Pocket Sun Chips Green Beans Carrots/Ranch Fruit Milk	<b>17</b> Lucky Charms Chick-fil-A on Bun With Sauce & Pickles Waffle Fries Green Sherbet Veggie Bag/Ranch Fruit Milk	<b>18</b> Pancakes French Bread Pizza Salad & Ranch Dressing Cocoa Bar Veggie Bag/Ranch Fruit Milk	<b>19</b> Yeast Doughnut Hot Dog on Bun Baked Beans Baked Fries Carrots/Ranch Fruit Milk
<b>22</b> Muffin Chicken Patty On Bun Cooked Carrots Veggie Bag/Ranch Fruit Milk	<b>23</b> Sausage Gravy & Biscuit Spaghetti Breadstick Salad & Ranch Dressing Veggie Bag Fruit Milk	<b>24</b> Breakfast Pizza Chicken Quesadilla Sour Cream Mexican Rice Refried Beans Veggie Bag Fruit Milk	<b>25</b> Breakfast Burrito Giovanni's Pizza Green Beans Veggie Bag Cocoa Bar Fruit Milk	<b>26</b> Yeast Doughnut Sack Lunch PB & Jelly Sun chips Carrots/Ranch Fruit Milk
<b>29</b> Cinnamon Rolls Pizza Burger on Bun Cheese Sticks Corn Veggie Bag/Ranch Fruit Milk	<b>30</b> Sausage Gravy & Biscuit Turkey on Bun Doritos Steamed Broccoli Carrots/Ranch Fruit Milk	<b>31</b> Breakfast Pizza Sliced Ham Baked Potato Green Beans Dinner Roll Easter Cookie Veggie Bag/Ranch Fruit Milk	<b>1</b> Pancakes Cook's Choice Carrots/Ranch Fruit Milk	<b>2</b> No School

We offer white and chocolate milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots are available daily.  
[New National School Lunch Program Meal Pattern Information](#)  
 The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast

Choice of One Served w/Fruit & Milk  
 Hot Menu as listed below or  
 WG Bar & Cheese Stick or  
 Cereal & Graham Cracker  
 National School Breakfast Week

March 8 - 12



Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded their charge limit.