



FEBRUARY | 2023

Whiteoak High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Boneless Wings Onion Rings Carrots & Celery Veggie Bag/ Ranch Fruit Milk "Trivia Day"	31 Taco Salad Lettuce Tomatoes Sour Cream Refried Beans Cheese Salsa Veggie Bag/Ranch Fruit Milk	1 Subway Veggies Baked Chips Cookie Veggie Bag/Ranch Fruit Milk	2 Sloppy Joe On Bun Cole Slaw Corn Veggie Bag/Ranch Fruit Milk	3 Mini Calzones Marinara Sauce Tater Tots Rice Krispie Treat Veggie Bag/Ranch Fruit Milk
6 Chicken Strips Waffles & Syrup Hash Brown Strawberry Cup Veggie Bag/ Ranch Milk	7 Cheeseburger Deluxe On Bun Lettuce Tomato Onion Corn Baked Chips Veggie Bag/ Ranch Fruit Milk	8 Chili Crackers Grilled Cheese Veggie Bag/Ranch Fruit Milk	9 Snappy's Pizza Green Beans Veggie Bag/Ranch Scooby Snacks Fruit Milk	10 Grilled Hot Dog On Bun Baked Beans Tater Tots Veggie Bag/Ranch Fruit Milk
13 Philly Cheese Steak w/ Peppers & Onions on Hoagie Bun Onion Rings Veggie Bag/Ranch Fruit Milk	14 Chicken & Noodles Mashed Potatoes Green Beans Hot Dinner Roll Valentine Cookie Veggie Bag/Ranch Fruit Milk	15 Beef Fritter on Bun Tomato Onion Lettuce Broccoli/Cheese Apple Crisp Veggie Bag/Ranch Fruit Milk	16 Cincy Chili Spaghetti Shredded Cheese Kidney Beans Diced Red Onions Oyster Crackers Veggie Bag/ Ranch Fruit Milk	17 Coney Dog On Bun Cheese Diced Onions Tater Tots Applesauce Veggie Bag/Ranch Milk
20 No School	21 Taco Bites Sour Cream Black Bean Salsa Strawberry Cup Cookie Veggie Bag/Ranch Fruit Milk	22 Marzetti Garlic Bread/Cheese Salad/Ranch Cherry Tomatoes Veggie Bag/ Ranch Fruit Milk	23 Snappy's Pizza Green Beans Veggie Bag/Ranch Cocoa Bar Fruit Milk	24 Mini Corn Dogs Baked Beans French Fries Veggie Bag/Ranch Fruit Milk
27 Chicken Bacon Ranch Wrap Lettuce Cheese Corn Rice Krispie Treat Strawberry Cup Veggie Bag/ Ranch Milk	28 Pulled Pork BBQ On Bun Potato Wedges Baked Beans Veggie Bag/ Ranch Fruit Milk	1 Subway Veggies Baked Chips Cookie Veggie Bag/Ranch Fruit Milk	2 Chili Cheese Fries Corn Muffin Green Beans Veggie Bag/Ranch Fruit Milk	3 Chicken Patty on Bun Lettuce & Tomato Glazed Carrots Fruit Cup Veggie Bag/ Ranch Milk

We offer white and chocolate milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots & broccoli are available daily.

New National School Lunch Program Meal Pattern Information

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast

Choice of One Served w/Fruit & Milk
Cereal & Graham Cracker or
WG Bar & Cheese Stick or
Hot Menu

Important Update

We are still experiencing unavailable items or last-minute replacements. Menus are subject to change, but we will do our best to notify you. We appreciate your patience and understanding!

Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded their charge limit. If parent cannot be reached a letter will be sent.