



MARCH | 2019

WHITEOAK HIGH SCHOOL

Breakfast – free
Lunch - \$2.60
Reduced - \$.40

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

National School Breakfast Week – March 4 - 8, 2019

Five Special Breakfast Meals

Monday - Beacon Street Café Sausage and Egg Sliders Tuesday – Chocolate Doughnut

Wednesday – Warm Bagel & Cream Cheese

Thursday – Bosc's Pizza Cheese Egg & Bacon Stuffed Breadstick Friday – Peanut Butter Jelly Sandwich

1
Corn Dog
Baked Beans
Baked Fries
Carrots/Ranch
Fruit Milk

4
Chicken Nuggets
Dinner Roll
Seasoned Potatoes
Steamed Broccoli
Fruit Milk

5
Meat Loaf
Bread
Mashed Potatoes & Gravy
Peas
Fruit Milk

6
Chili
PB&J Bar
Crackers
Celery Sticks
Fruit Milk

7
Giovanni's Pizza
Salad
Ranch Dressing
Cocoa Bar
Fruit Milk

8
Cook's
Choice

11
Chicken Strips
Biscuit
Hash Brown
Peas
Fruit Milk

12
Taco Salad
Chips
Lettuce Cheese
Refried Beans
Fruit Milk

13
Chicken & Rice
Stir Fry Vegetables
Cabbage Roll
Fortune Cookie
Fruit Milk

14
French Bread Pizza
Green Beans
Cocoa Bar
Carrots/Ranch
Fruit Milk

15
Coney Dog
Tater Tots
Broccoli/Ranch
Sugar Cookie
Fruit Milk

18
Cook's Choice Chicken
Baked Fries
Green Beans
Dinner Roll
Fruit Milk

19
Subway
Turkey or Ham or Mixed
Veggies
Baked Chips Cookie
Fruit Milk

20
Chicken Broccoli
Alfredo
Bread Stick
Rice Krispie Treat
Fruit Milk

21
Giovanni's Pizza
Salad
Ranch Dressing
Cocoa Bar
Fruit Milk

22
NO
SCHOOL

25
Chicken Patty
On Bun
Seasoned Potatoes
Peas
Fruit Milk

26
Walking Taco
Lettuce Cheese Tomato
Refried Beans
Snickerdoodle
Fruit Milk

27
Sausage Patty
Biscuit
Egg Cheese Omelet
Hash Brown
Orange Juice Milk

28
Personal Pan Pizza
Green Beans
Cocoa Bar
Carrots/Ranch
Fruit Milk

29
Hot Dog on Bun
Baked Beans
Baked Fries
Broccoli/ Ranch
Fruit Milk

We offer white, chocolate and strawberry milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots are available daily.

New National School Lunch Program Meal Pattern Information

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast
Choice of One Served w/Fruit & Milk
Hot Menu as listed below or Cereal & Graham Crackers or WG Bar & Cheese Stick
Monday – Sausage Gravy & Biscuit
Tuesday – Mini Pancakes or Waffles
Wednesday – Breakfast Pizza
Thursday – Bacon or Sausage Egg Cheese Sandwich on Pretzel Bun
Friday – Doughnuts
Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded the charge limit.