



# FEBRUARY | 2019

## WHITEOAK HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> Trivia Day Wings & Rings w/Dipping Sauces Roll Carrots Fruit Milk	<b>29</b> Sausage Patty Biscuit Egg Cheese Omelet Hash Brown Orange Juice Milk	<b>30</b> Chicken & Rice Stir Fry Vegetables Cabbage Roll Fortune Cookie Fruit Milk	<b>31</b> Personal Pan Pizza Green Beans Broccoli/Ranch Cocoa Bar Fruit Milk	<b>1</b> Corn Dog Baked Beans Baked Fries Carrots/Ranch Fruit Milk
<b>4</b> Drumstick Roll Mashed Potatoes & Gravy Green Beans Fruit Milk	<b>5</b> Cheeseburger on Bun with Pickles Lettuce Corn Baked Chips Fruit Milk	<b>6</b> Chili PBJ Bar Crackers Celery Sticks Fruit Milk	<b>7</b> Giovanni's Pizza Salad Ranch Dressing Cocoa Bar Fruit Milk	<b>8</b> Coney Dog Tator Tots Broccoli/Ranch Fruit Milk
<b>11</b> Chicken Strips Biscuit Hash Brown Peas Fruit Milk	<b>12</b> Salisbury Steak Mashed Potatoes & Gravy Roll Corn Fruit Milk	<b>13</b> Taco Salad Chips Lettuce Cheese Refried Beans Fruit Milk	<b>14</b> French Bread Pizza Green Beans Valentine's Cookie Carrots/Ranch Fruit Milk	<b>15</b> Hot Dog on Bun Baked Fries Broccoli/Ranch Fruit Milk
<b>18</b> No School	<b>19</b> Chili Cheese Fries Corn Muffin Carrots/Ranch Rice Krispie Treat Fruit Milk	<b>20</b> Spaghetti Cheesy Bread Green Beans Carrots/Ranch Fruit Milk	<b>21</b> Giovanni's Pizza Salad Ranch Dressing Cocoa Bar Fruit Milk	<b>22</b> Cook's Choice
<b>25</b> Chicken Fajita Wrap Cheese Lettuce Refried Beans Fruit Milk	<b>26</b> Sloppy Joe On Bun Slaw Baked Fries Fruit Milk	<b>27</b> Beef & Cheese Quesadilla Mexican Rice Corn Black Bean Salsa Fruit Milk	<b>28</b> Pizza Green Beans Cocoa Bar Carrots/Ranch Fruit Milk	<b>1</b> Corn Dog Baked Beans Baked Fries Carrots/Ranch Fruit Milk

We offer white, chocolate and strawberry milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots are available daily.

[New National School Lunch Program Meal Pattern Information](#)

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast  
 Choice of One Served w/Fruit & Milk  
 Hot Menu as listed below or Cereal & Graham Crackers or WG Bar & Cheese Stick  
 Monday – Sausage Gravy & Biscuit  
 Tuesday – Mini Pancakes or Waffles  
 Wednesday – Breakfast Pizza  
 Thursday – Bacon or Sausage Egg Cheese Sandwich on Pretzel Bun  
 Friday – Doughnuts  
 Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded the charge limit.