

Breakfast - Free
Lunch - \$2.75
Reduced - \$.40

AUGUST | 2019



WHITEOAK HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Applications

Do families have to complete a Free and Reduced-Price Meal Application? Yes, unless you have received a notification through the mail from your student's school with an approved status for this coming year. Please check letters carefully that all children are listed. If all children are not listed, please contact Debbie Robertson at 937-442-3114.

Do families have to complete a separate Free and Reduced Meal Application for each child? No, only one application is needed per household. Last year's status will only be good until October 2, 2019. Please return new applications as soon as possible. If no application is received, students will revert to regular lunch price effective October 3, 2019.

Bright Local is proud to have a Wellness Committee that has many fun projects for our students throughout the year. If you are interested in participating, please contact Debbie Robertson. Thank you

We offer white, chocolate and strawberry milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots are available daily.

New National School Lunch Program Meal Pattern Information

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one MUST be a fruit or a vegetable.

Breakfast

Choice of One Served w/Fruit & Milk

Hot Menu as listed below or Cereal & Graham Crackers or WG Bar & Cheese Stick

Monday – French Toast Sticks
Tuesday – Sausage Gravy & Biscuits
Wednesday – Breakfast Pizza
Thursday – Bacon or Sausage Egg Cheese Sandwich on Pretzel Bun
Friday – Doughnuts

Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded the charge limit.

12

13



15

Giovanni's Pizza
Green Beans
Carrots/Ranch
Cocoa Bar
Fruit Milk

16

Coney Dog
Tater Tots
Baked Beans
Broccoli/Ranch
Fruit Milk

19

Chicken Patty
On Bun
Green Beans
Carrots/Ranch
Fruit Milk

20

Subway
Turkey or Ham or Both
Veggies
Baked Chips Cookie
Fruit Milk

21

Chili Cheese Fries
Corn Muffin
Stir Fry Vegetables
Fruit
Milk

22

French Bread Pizza
Salad & Ranch Dressing
Cocoa Bar
Carrots/Ranch
Fruit Milk

23

Welcome Back Cookout
Grilled Hot Dog
Baked Beans
Celery/ Ranch
Rice Krispie Treat
Fruit Milk

26

Chicken Quesadilla
Corn & Black Bean
Salsa
Mexican Rice
Fruit Milk

27

Walking Taco
Doritos
Lettuce Cheese
Salsa
Fruit Milk

28

Hamburger
On Bun
Baked Fries
Carrots/Ranch
Fruit Milk

29

Pizza
Green Beans
Carrots/Ranch
Cocoa Bar
Fruit Milk

30

Corn Dog
Baked Beans
Baked Fries
Carrots/Ranch
Fruit Milk