



JANUARY | 2019

WHITEOAK HIGH SCHOOL


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p> <div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Breakfast – Free Lunch - \$2.60 Reduced - \$.40</p> </div>	<p>1</p> 	<p>2</p> <p style="text-align: center;">NO SCHOOL</p>	<p>3</p> <p>French Bread Pizza Green Beans Carrots/Ranch Cocoa Bar Fruit Milk</p>	<p>4</p> <p>Corn Dog Baked Fries Peas Carrots/Ranch Fruit Milk</p>
<p>7</p> <p>Chicken Nuggets Dinner Roll Seasoned Potatoes Green Beans Fruit Milk</p>	<p>8</p> <p>Cheeseburger on Bun with Pickles Lettuce Baked Chips Carrots/Ranch Fruit Milk</p>	<p>9</p> <p>Chili PBJ Bar Crackers Celery Sticks Fruit Milk</p>	<p>10</p> <p>Giovanni's Pizza Salad/Dressing Carrots Cocoa Bar Fruit Milk</p>	<p>11</p> <p>Coney Dog Tator Tots Broccoli/Ranch Fruit Milk</p>
<p>14</p> <p>Chicken Strips Biscuit Hash Brown Peas Fruit Milk</p>	<p>15</p> <p>Salisbury Steak Mashed Potatoes Gravy Corn Fruit Milk</p>	<p>16</p> <p>Taco Salad Chips Lettuce Cheese Broccoli/Ranch Fruit Milk</p>	<p>17</p> <p>Big Daddy's Pizza Green Beans Carrots/Ranch Cocoa Bar Fruit Milk</p>	<p>18</p> <p>Hot Dog On Bun Baked Beans Snickerdoodle Cookie Fruit Milk</p>
<p>21</p> <p style="text-align: center;">NO SCHOOL</p>	<p>22</p> <p>Chili Cheese Fries Corn Muffin Carrots/Ranch Fruit Milk</p>	<p>23</p> <p>Chicken Broccoli Alfredo Breadstick Rice Krispie Treat Carrots/Ranch Fruit Milk</p>	<p>24</p> <p>Giovanni's Pizza Salad/Dressing Carrots Cocoa Bar Fruit Milk</p>	<p>25</p> <p>Meat Loaf & Bread Mashed Potatoes Gravy Broccoli/Ranch Fruit Milk</p>
<p>28</p> <p>Chicken Patty On Bun Seasoned Potatoes Carrots/ Ranch Fruit Milk</p>	<p>29</p> <p>Sausage Patty Biscuit Eggs Cheese Omelet Hash Brown Orange Juice Milk</p>	<p>30</p> <p>Chicken & Rice Stir Fry Vegetables Cabbage Roll Fortune Cookie Fruit Milk</p>	<p>31</p> <p>Personal Pan Pizza Green Beans Carrots/Ranch Cocoa Bar Fruit Milk</p>	<p>1</p> <p>Corn Dog Baked Beans Baked Fries Carrots/Ranch Fruit Milk</p>

We offer white, chocolate and strawberry milk. Extra milk is .40. Students must pay for additional milk even if they are on the free or reduced program. We offer whole grain products. Condiments & carrots are available daily.

New National School Lunch Program Meal Pattern Information

The National School Lunch Program (NSLP) offers 5 meal components daily. The daily components will consist of whole grains, meat/meat alternative, vegetable, fruit, and fluid milk. Each student may take all 5 components or as little as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components one **MUST** be a fruit or a vegetable.

Breakfast

Choice of One Served w/Fruit & Milk

Hot Menu as listed below or Cereal & Graham Crackers or WG Bar & Cheese Stick

Monday – Sausage Gravy & Biscuit

Tuesday – Mini Pancakes or Waffles

Wednesday – Breakfast Pizza

Thursday – Bacon or Sausage Egg Cheese Sandwich on Pretzel Bun

Friday – Doughnuts

Students may charge up to \$10.00 on their lunch accounts. Parents will be notified by phone when students have exceeded the charge limit.